



October 2009

Guinco Newsletter

Exclusively For Our E-Club Memberships!

GUINCO



APPLE BUTTER PUMPKIN PIE! OH MY!

- 1 unbaked 9-inch deep dish pie crust
- 1 cup canned pumpkin
- 1 cup apple butter
- 1/3 cup packed brown sugar
- 1/4 teaspoon salt
- 1/2 teaspoon cinnamon
- 1/4 teaspoon ginger
- 1/4 teaspoon nutmeg
- 3 large eggs
- 2/3 cup evaporated milk
- 1/3 cup milk



whipped cream for garnish
Pre-heat oven to 375 F. In a medium mixing bowl combine pumpkin, apple butter, brown sugar, salt and spices. Lightly beat in eggs. Stir in both milks. Pour into pie crust and bake for 25 minutes. Reduce heat to 350 F and bake an additional 25 minutes or until set or a knife inserted in the center comes out clean. Cool to room temperature before serving. Garnish with whipped cream. Add some crushed pecans for that little extra kick!

Holiday food.... Gotta love it!

COLD WEATHER IS ALMOST HERE!

Now that it's time to kick the dust off your heater, it's also time to remember that silent killer.... carbon monoxide. Carbon monoxide poisoning sends about 15,000 people per year to the ER. To prevent this from happening to you, all homes with gas appliances should have a carbon monoxide detector and heaters should be inspected annually.



Also, be aware that a large number of roofs have been replaced locally this year. Sometimes during roofing, the vent pipes can accidentally get knocked loose in the attic and go unnoticed until it's too late. Be sure to visually inspect your vents. This is a great time to change the batteries in your smoke detectors and carbon monoxide detectors also. Give us a call if you have any questions!

Gary Poe, HVAC

Appliance Tip for Scary Smells!



Is there a funky smell in your refrigerator and it's not some crazy Halloween concoction your kids have come up with? Here are a few helpful tips to keep your fridge smelling holiday fresh.

- Remove all items from the refrigerator or freezer. Throw out any spoiled foods. Take out removable parts and wash them

and the door gasket with mild detergent in warm water. Rinse well and wipe dry.

- Wash the interior walls and door liner with a solution of 1-2 Tbsp of baking soda and 1 quart warm water, and wipe dry. Leave the door open and let it air out well, with a fan directed toward inside, and open windows if the climate permits. If the odor still remains, try one or all of the following means of odor removal.
- Spread baking soda out on shallow pans (i.e. glass casserole dish or pie pan lined with foil) and put pans on the shelves to absorb odors, or on the bottom and in baskets of chest freezers. Leave open and unplugged.
- Buy activated charcoal (which is specially treated to remove odor molecules from air) at some department store house wares sections, appliance stores, or pet shops. Spread out on shallow pans and put on the shelves of the refrigerator. Turn the unit on its low setting and run empty for a few days so odors will be absorbed.
- Pour several ounces of imitation vanilla (not pure extract) in a shallow saucer, put on the shelf and let the refrigerator run empty a few days.

Put fresh ground coffee in cereal bowls inside the refrigerator and let it run empty several days. A slight coffee odor may remain, but will disappear after washing again with baking soda solution.

Pack each refrigerator shelf with crumpled newspaper. Set a cup of water on the top shelf or sprinkle the newspaper lightly with water. Allow the refrigerator to run for approximately 5-6 days. This method takes a bit longer but has been effective on strong odors.

What's black, white, orange and waddles?

A penguin carrying a Jack-o-lantern!

Happy Halloween



FUN Fall EVENTS IN OCTOBER!

13th Annual After Dark in the Park / Oct. 8-11th (Arlington) at River Legacy Parks. This family fall festival features storytelling, a pumpkin patch, karaoke, hayride shuttle, bounce house and children's area. Details can be found at www.riverlegacy.org.



26th Annual Bar-B-Que Cook-off / Oct. 10-11th (Grand Prairie) at Traders Village is one of the largest BBQ events in Texas! Over 100 cookers, over 600 judging samples, 2 full days of competition! This event is free to the public and only \$3.00 for parking. See www.tradersvillage.com for information.

Butterfly Flutterby / Oct. 17th (Grapevine) celebrates the migration of the Monarch Butterfly from Canada to Mexico. Grapevine falls right in their path! This great event includes releases of butterflies and a Gossamer Parade. Join the fun at the Historic Cotton Belt railroad District 701 South Main St. for butterfly exhibits, gardening seminars, arts and crafts and entertainment! More info can be found at www.grapevinetexasusa.com

59th Annual Collectors Arms Show / Oct 16 & 18 (Ft. Worth). Many wonderful exhibits showcase collectible arms for sale, trade and competition. Special events include the guns and history of the Texas Rangers. For more info visit www.texasguncollectorshow.com.

Trade Days USA / Oct. 24-25th (Ft. Worth) is a combination of arts festival, arts and craft show, flea market and then some all in one! Located outside Turn 3 across from Texas Motor Speedway's Dirt Track. Admission is free, parking is \$5. Go to www.tradedaysusa.com for details.

Fort Worth Alliance Air Show / Oct. 24-25th (Ft. Worth). The US Navy Blue Angels and the US Golden Knights are coming to town! The whole family will enjoy a full day of daring aerobatic maneuvers, static displays, activities for the kiddos, food and more! Gates open at 9:00 a.m., admission is free, parking is \$20 per vehicle. Visit www.allianceairshow.com for more information.

Treat Street! Oct. 31st (Ft. Worth) at Stockyard Station! Come to the historic Fort Worth Stockyards and let your little ones trick or treat at the Stockyards Station shops. There will be free hayrides, costume contest, pumpkin decorating and more! Events begin at 6:00 p.m. and last until 8:00 p.m. More info at www.stockyardstation.com.

HAPPY HALLOWEEN!



Halloween Trivia: The Jack in Jack-o-Lantern is based on an Irish folk story about a hooligan named Jack who trapped the Devil in an apple tree. When Jack died, neither Heaven nor Hell wanted his soul, so he was left to walk the night alone with nothing but a piece of coal inside a hollowed-out turnip to light his way.

